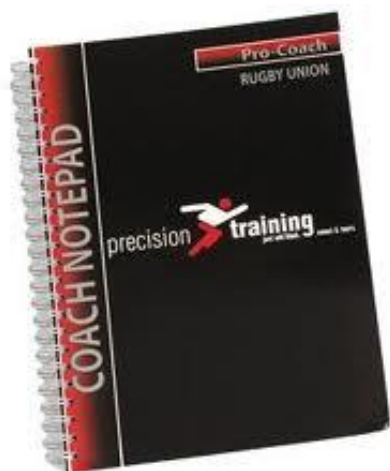


Representative Coach Development Pathway

Overview

This pathway has been designed to provide Durham County RFU with a structured way to develop representative coaches.



The pathway links to RFU current qualifications and the Coaching activities associated with this pathway will provide the practical experience required to complete RFU qualifications.

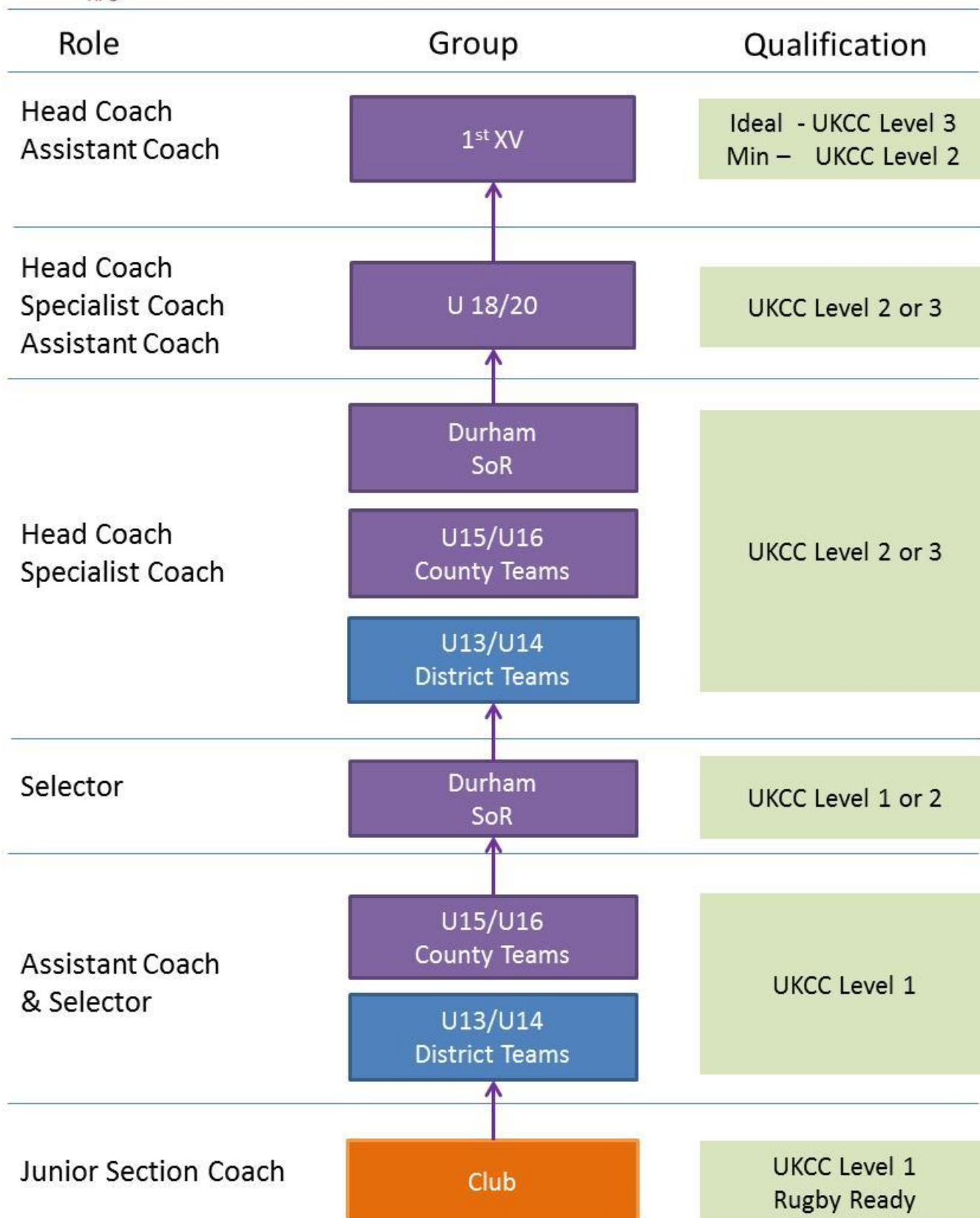
The Pathway will help all Coaches/Teachers plan their own development and will ensure the County has a programme for the continual professional development of coaches.

Contents of this document

- 1) Representative coaching Pathway
- 2) Coaching Job Descriptions
- 3) Overview of RFU coaching qualifications
- 4) Application form for representative coaches



Representative Coach Development Pathway



Job Title: Durham County Head Coach (U13, 14, 15, 16, 18 and 1st XV)

Responsible to: Durham County Coaching Committee

Job Purpose: Lead on the planning and delivery of the County squad training sessions and matches to achieve the agreed squad and player development outcomes.

Main Duties and Responsibilities

- Cultivates a philosophy which balances winning with performance and development of players
- Creates an environment which stimulates and promotes player development
- Lead on the selection of match day squads
- Attend all County Squad training sessions and matches on the specified dates
- Lead on the planning and delivery of the trials
- Plan and deliver local sessions where agreed
- Liaise with the team manager to ensure all required kit and equipment is provided and available
- Liaise with the team manager regarding player availability and welfare
- Mentor and support the development of the Assistant Coaches
- Work at all times within the requirements of the RFU Health and Safety legislation.
- Carry out all responsibilities with due regard to the RFU's Equity Policy.

Person Specification

- Rugby Union Coaching Award - Qualified to minimum Level 2, preferably Level 3
- Experience of leading, planning and delivering coaching sessions within a squad environment
- Player centred / game related approach to coaching and player development
- Sound understanding and knowledge of up to date coaching practices
- Be self motivated in updating their knowledge and skills by regular attendance at relevant CPD events / courses
- Possesses a level of knowledge that enables players to achieve their potential
- Understanding of the current RFU player pathway
- Ability to commit to evenings and weekends as required to fulfil the role
- Enhanced CRB Disclosure (essential)
- Experience of good practice and child protection

Length of tenure

All appointment to Durham Representative Coaching Pathway are for 2 seasons after which staff will need to reapply to the Coaching Committee using the appropriate documentation.

Selection process

Candidates will be invited to attend an informal interview with the Coaching Committee.

Job Title: Durham County Assistant Coach (U13, 14, 15, 16, 18 and 1st XV)

Responsible to: Durham County Coaching Committee

Job Purpose: Assist the Head Coach in the planning and delivery of Divisional squad training sessions and matches to achieve the agreed squad and player development outcomes.

Main Duties and Responsibilities

- Cultivates a philosophy which balances winning with performance and the development of players
- Creates an environment which stimulates and promotes player development
- Assist the Head Coach in the planning and delivery of squad training sessions on the specified dates
- Assist the Head Coach and selectors with the selection of the county squad
- Assist the Head Coach in the selection of match day squads
- Attend all squad training sessions and matches
- Using the coaching framework, assist the Head Coach in the planning and delivery of the County trials
- When required work with the Head Coach to complete individual player development plans and end of season player assessments / reports
- Where required to do so plan and deliver local sessions
- Ensure that all the rugby training kit and equipment is fit for purpose at training sessions and matches

Person Specification

- Rugby Union Coaching Award - Qualified to standards within the County framework
- Player centred / game related approach to coaching and player development
- Sound understanding and knowledge of up to date coaching practices
- Be self motivated in updating their knowledge and skills by regular attendance at relevant CPD events / courses
- Possesses a level of knowledge that enables players to achieve their potential
- Understand the RFU player pathway
- Promotes the RFU player pathway and the development youth rugby in England
- Able to commit to evenings and weekends where required to fulfil the role
- Enhanced CRB Disclosure (essential)
- Experience of good practice and child protection

General Guide to Coaching Qualifications

RFU Certificate in Coaching Children Rugby Union - UKCC Level 1

Background

The Level 1 course provides coaches with the knowledge, skills and attributes essential in developing children's social, personal, physical and mental skills in conjunction with the technical and tactical aspects of the game of Rugby Union.

Deliver aspects of coaching sessions to children (up to 12 years old) under direction, e.g. Coach children with guidance from a Head Coach, Coaching co-ordinator or NGB scheme

In order to develop confident, competent, decision making players it is necessary to develop confident, competent, decision making people. This goes beyond rugby and requires knowledge other than technical and tactical. This course will cover a number of important areas associated with child development, including; developing fundamental movement skills and – Confidence, Competence Creativity, Connection (teamwork), Character & caring – The 5Cs - through rugby union.

Learning Outcomes:

By the end of the course the coach will be able to:

- Deliver aspects of coaching sessions under direction
- Demonstrate an understanding of developing children through Rugby Union.
- Be a suitable person to coach Rugby Union

Details

- From February 1st, the UKCC Level 1 in Coaching Rugby Union will become the UKCC Level 1 in Coaching Children Rugby Union
- The course will be for coaches who work with players up to U12 (Mini / Midi)
- Rugby Ready remains a prerequisite, with attendance at the Tag course recommended
- Typical delivery will consist of 1 full day (Saturday or Sunday) followed by a period of home study and attendance at an evening module approx. 10 days later with the final day (Saturday or Sunday) taking place 10 days after the evening module. This format gives coaches the opportunity to reflect on and or apply their learning at their club or school and complete home study elements of the course.
- Course fee - £105 inc VAT

Durham County Representative Coach Development Pathway.

UKCC Level1 and current CRB are the minimum requirement to join the Durham representative coach development pathway.

The RFU Certificate in Coaching Rugby Union - UKCC Level 2

Background

Coaches working in the Youth and Adult game (U13 upwards) will be expected to attend a new qualification. The RFU Coaching Award, which will be Level 2 equivalent. This course, as with the children's course, will reflect the environment the coach practices in i.e. the 15 a side game. Whilst there will still be an emphasis on the knowledge, skills and attributes of the coach and how they utilise both coaching process and session delivery methods greater attention will be given to the application of the principles of play, the tactical aspects of defence and attack as well as the use of key factors in building and playing from set piece.

Format:

Delivery is on four separate single days, spread over a period of between 8 – 12 weeks, with guided home study and research between days using web based resources. Coaches may be required to apply their research and learning between attendances in the form of one or more coaching sessions.

Details

- From 1st May 2012 the UKCC Level 2 in Coaching Rugby Union will become the UKCC Level 2 RFU Certificate in Coaching Rugby Union

- **The course is an entry levels course for a coach working in the 15 a side game.**

Prerequisites agreed by the UK Source Group are:

- Level 1 plus appropriate CPD
- Coaching in the 15 a side game

Or

- Coaching in the 15 a side game
- Attended Scrum Factory
- Attended Rugby Ready
- Attended at least one CPD course at Youth or Adult Level

Course fee

- Course fee -£180 inc VAT

- At the point of application coaches will be required to confirm that they are coaching the 15 a side game and supply their previous coaching and playing experiences.

Durham County Representative Coach Development Pathway.

UKCC Level 2 qualification and current CRB will be required to progress towards Selector, Specialist or Head Coach within the Durham representative coach development pathway.

Level 2 Coaching Qualification FAQ

Is this going to cost me more money to obtain my qualification?.....NO

Previously the cost of getting a Level 2 qualification would have been £303.50. Rugby Ready (£18:50) Level 1 (£105), Level 2 (£180)

As Level 2 is now an entry point the minimum cost would be £229:50. Rugby Ready (£18:50), Scrum Factory (£15:50), CPD Module (£15:50), Level 2 (£180)

Do I need to do Rugby Ready before I apply for a Level 2 if I have already done it before attending my Level 1?.....NO

Rugby Ready is a generic Health and Safety course. If you have done it previously you don't have to retake the course. We would however strongly recommend that you review the resources that you received on the course and visit the IRB website <http://www.irbrugbyready.com/> and retake the online study programme and exam on an annual basis.

Must I attend 'Scrum Factory' before I do my Level 2?.....YES

On the Level 2 course you will be required to safe and accurate coaching of all aspects of the scrum; including individual body positions, safe binding & engagement as well as attack and defence from the scrum. The course is designed to help coaches and players to understand individual and collective techniques, together with position specific conditioning.

Must I attend a CPD Module before my Level 2?.....YES

There are a number of CPD Modules that are available. We recommend that coaches attend more than one module. Level 2 coaches will, in some cases, lead a team and or coaching programme. As a lead coach it is important that you understand the many and varied aspects of the game. CPD modules are an ideal way to maintain your development and more importantly the development of the players you are coaching

I have never played or coached rugby before and I want to do my Level 2. Is this possible?.....YES

However you may decide that after doing the pre requisites that you need more experience and support. Your regional Coach & Player Development Officer (CPDO) will be happy to give you advice and can give you specific guidance.

Will the courses give me loads of new ideas I can use in training sessions..... YES & NO

Both the Level 1 and 2 courses will provide you with practical ideas you can use and develop when you return to your players. However we will also look at how you coach. Your behaviours, methods and style and how you develop practices and games that help the players improve.

Is the course pass or fail.....NO

The Level 1 and 2 courses are competence based. You must show that you are competent in a number of areas. If you are Not Yet Competent in any area you will be supported by your educator who will provide you with guidance on how you can show competence.

Durham County Coaching Committee



Application form for Durham County Representative Coaching Positions

Applications to be sent to Wayne Finney, Billingham RUFC and will need endorsement from Club/School and appointment will be subject to an interview.

Name			
Phone No			
Email Address			
Club / School			
Coaching Qualifications		CRB reference	
Overview of coaching experience (Write a brief summary of experience including age groups and areas of interest)			
Reason for wanting to join the Coaching Pathway			
Club / School Endorsement			
Name			
Position			
Reason to endorse the application			
For Coaching committee use			
Interview Date		Age group	